



**Tremendous
Hearts**

Get Familiar With RSA: Recommended Reading & Viewing

South Africa is a country of many contrasts and has a rich and complex history. In order to make the most of your time here and to gain a real appreciation for the culture and issues of which the beautiful southern land faces, we recommend having a look at some of the below resources on HIV/AIDS, Orphans and Vulnerable Children, Poverty, Volunteering and South Africa before you arrive:

WEBSITES

- ♥ The ONE Campaign - www.one.org
- ♥ Unicef - www.unicef.org
- ♥ UNAIDS - www.unaids.org
- ♥ AVERT - www.avert.org
- ♥ Children's Institute, University of Cape Town - www.ci.org.za
- ♥ Transitions Abroad - www.transitionsabroad.com
- ♥ Republic of South Africa - www.gov.za

NON-FICTION AND REPORTS

- ♥ Besteman, Catherine: *Transforming Cape Town*
- ♥ Children's Institute (University of Cape Town): *Home Truths - The phenomenon of residential care for children in a time of AIDS* [www.ci.org.za]
- ♥ Kidder, Tracy: *Mountains Beyond Mountains - The Quest of Dr. Paul Farmer, a Man Who Would Cure the World*
- ♥ Mandela, Nelson: *Long Walk to Freedom - The Autobiography of Nelson Mandela*
- ♥ Sachs, Jeffrey: *The End of Poverty - Economic Possibilities for Our Time*
- ♥ Sparks, Allister. *Beyond the Miracle - Inside the New South Africa*
- ♥ Sparks, Allister: *The Mind of South Africa*
- ♥ Sparks, Allister. *Tomorrow is Another Country - The Inside Story of South Africa's Road to Change*
- ♥ Steinberg, Jonny. *Three Letter Plague*
- ♥ Tucker, Neely: *Love in the Driest Season - A Family Memoir*
- ♥ Wooten, Jim: *We are All the Same - A Story of a Boy's Courage and a Mother's Love*

FILMS

- ♥ Angels In The Dust
- ♥ A World Apart
- ♥ Cape of Good Hope
- ♥ Catch A Fire
- ♥ Cry Freedom
- ♥ Cry, The Beloved Country
- ♥ Disgrace
- ♥ Invictus
- ♥ The Power Of One
- ♥ Today the Hawk Takes One Chick
- ♥ Tsotsi
- ♥ We Are Together

HEARTS ♥ HANDS ♥ MINDS
for Vulnerable Children in South Africa

www.tremendoushearts.org

